



BUKIT TIMAH SADDLE CLUB

1 Turf Club Avenue, Stable 113 & 116, Singapore, 738078

Tel: 6466 2264 • Email: ridingschool@btsc.org.sg

BEGINNER PLUS + APPLICATION FORM

Lesson Schedule

- All lessons run for 45 minutes, once a week, over a period of 8 consecutive weeks.
- Dates are allocated on a first come first served basis, and priority is given to members.

Cancellation policy

- Students are allowed to reschedule a class up to 2 times during this period. To reschedule a lesson, we need 2 weeks notice.
- Make up classes are subject to availability and cannot be change once its booked.
- A written notice with a valid Medical Certificate is necessary to cancel a lesson.
- In the event of rain, lessons will continue unless there is a threat to safety of the horse, rider, or instructor due to lightening, excessive rainwater etc, in that scenario this lesson will be converted into a stable management lesson.

Lesson Structure

A Club approved Instructor will conduct all lessons in groups of 3 students.

- Group allocation will be based on age, ability, and availability.
- You are requested to arrive 15 minutes prior to your lesson start time to allow for sufficient time to find your instructor/ horse and be ready for the lesson to start promptly.

Horses

You will be allocated a horse/pony each week, and this may or may not be the same horse/pony each week. Allocation is based on rider's ability and experience, age, weight & height, and availability.

Attire

Safety is our key concern, and all riders must come properly attired in riding clothing. This must include:

- Equestrian Safety Helmet (free rental from the Club)
- Riding boots (short or long) or covered toe shoes with a smooth sole and small heel.
- Jodhpurs, breeches or comfortable full-length trousers
- A short or long-sleeved top (sleeveless tops are not allowed for riding)

Course Fees

The complete set of lessons costs is \$840 nett for 8 lessons.

- Fees must be **paid in full prior to the start date** to confirm your slot.
- By PayNow using the attached QR Code. Please save a screenshot or receipt for proof of payment and email a copy to us.
- By NETS or Credit Card (Visa, Mastercard) at our Riding School Office. **(An additional 3% admin charge is applicable)**

Eligibility

The course is for members & non-members who have completed the Beginners Course.

- The minimum age is 7 years old; the maximum weight is 85kg and the minimum height is 1.1m
- All rides must sign waiver Indemnity form prior to commencement of course.

BTSC



SCAN TO PAY



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BEGINNER PLUS + LESSON STRUCTURE

Lesson One – Mounted Lesson

- Correct leading of the horse/pony up to the riding arena. How to trot up a horse.
- Correct procedure to mount up in the arena, adjust girth & stirrups.
- Focus on the correct, balanced position at walk and trot and transitions.
- Dismount correctly at the end of lesson. Know how to untack correctly.

Lesson Two – Mounted Lesson

- Refresh on Lesson One
- Focus on the “*rising trot*”. Learning how to trot on the correct diagonal.
- Stretching exercises to improve rider suppleness. Balance exercises to improve position.
- Ability of the rider to stand up and down out of saddle and maintain balance.
- Trot – Walk – Trot transitions on a straight line. How to shorten and lengthen the reins.

Lesson Three – Mounted Lesson

- Refresh on Lesson Two
- Increase the amount of time spend in “*Rising Trot*”.
- Trot – Halt –Trot transitions. Explain what a square halt is.
- Talk about the beats in Walk, Trot, Canter and the Sequence of the Leg Falls.

Lesson Four – Mounted Lesson

- Refresh on Lesson Three
- Difference between Medium Walk and Free Walk on a Long Rein. More work in Rising Trot.
- Changes of Rein. Changing the whip from one hand to another.
- Definitions for Rhythm, Straightness, Balance, Half-Halt, Bend, Flexion, Suppleness.

Lesson Five to Eight – Mounted lesson

- Refresh on Lessons One to Four
- Continue working on rising trot

By the end of the course, the riders will have learned how to handle the quiet horse/pony, ride confidently and in a balanced seat in the walk and halt. The rider should be able to do the rising trot independently and steer the horse/pony in basic figures.

Upon completion of the course, the instructor will evaluate the progress of the rider. If the rider is deemed suitable to move on to the next level, the rider may consider either Public Riding or a Membership to continue lessons.