



## BUKIT TIMAH SADDLE CLUB

1 Turf Club Ave, Stable 113 & 116, Singapore 738078

Tel: 6466 2264 • Email: [ridingschool@btsc.org.sg](mailto:ridingschool@btsc.org.sg)

# **BEGINNERS COURSE APPLICATION FORM**

### **Lesson Schedule**

- All lessons run for 45 minutes, once a week, over a period of 8-weeks.
- Dates are allocated on a first come first served basis, and priority is given to members.
- Riders may select their preferred time slot, subject to availability. If the selected time slot is not available, then the next available option will be offered.
- Upon acceptance of a time slot, that remains the regular weekly timeslot during the 8-weeks period, other than when the rider arranges for a make-up lesson.

### **Cancellation policy**

- Students are allowed to reschedule a class once (1) during this 8 weeks period. To reschedule a lesson, a 2-week written notice is required.
- Make up classes are subject to availability and cannot be changed once its booked. If absent for the make-up classes, the class is then forfeited.
- A written notice with a valid Medical Certificate is necessary to cancel a lesson.
- In the event of rain, lessons will continue unless there is a threat to safety of the horse, rider, or instructor due to lightning, excessive rainwater etc, in that scenario this lesson will be converted into a stable management lesson.

### **Lesson Structure**

A Club approved Instructor will conduct all lessons in groups of 3 students.

- The first 2 lessons are un-mounted and will focus on horse handling and stable sense; the remaining six lessons will be on horseback.
- Group allocation will be based on age, ability, and availability.
- Class sizes will vary but are typically 3 students.
- You are requested to arrive 15 minutes prior to your lesson start time to allow for sufficient time. to find your instructor/ horse and be ready for the lesson to start promptly.

### **Horses**

We have over 35 horses and ponies in the school yard varying in size, skill levels and temperament. You will be allocated a horse/pony each week, and this may or may not be the same horse/pony each week. Allocation is based on: -

- Your ability and experience
- Availability of horses
- Your age, weight & height

### **Attire**

Safety is our key concern, and all riders must come properly attired in riding clothing. This must include:

- Equestrian Safety Helmet (free rental from the Club)
- Riding boots (short or long) or covered toe shoes with a smooth sole and small heel
- Jodhpurs, breeches, or comfortable full-length trousers
- A short or long-sleeved top (sleeveless tops are not allowed for riding)
- A rain jacket (optional)

### Course Fees

The complete set of lessons costs \$840.00 nett for Non-Members and \$675.00 nett for Members

- For Non-Members, fees must be **paid in full prior to the start date** to confirm your slot. For Members, the lesson fee will be billed to the members account.
- Scan to pay using the QR Code below or PayNow to UEN (S61SS0105J). Please indicate the rider/s name in the reference and email us a receipt for proof of payment



### Eligibility

The course is for members & non- members who have no or little riding experience.

- The minimum age is 7 years old for Non-Members and 6 years old for Members, the maximum weight is 85kg and the minimum height is 1.20m
- All rides must sign waiver Indemnity form prior to commencement of course.

The course is offered on a 'one time basis' only. We hope that you will want to continue horse riding following the completion of the course, in which case you can do so by signing up for the beginner plus course or one of our membership or public riding options.



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## BEGINNERS COURSE LESSON STRUCTURE

**Lesson One – Unmounted:** Practical Stable Management Lesson with 1 horse

- How to fit your riding helmets
- How to check the riding schedule for horse/pony allocation
- Talk about Safety on the yard and around horses/ponies.
- How to approach your horse/pony in the stable
- How to un-do the throat-lash, un-twist the reins and take it over the horse/pony's head.
- How to lead the horse/pony

**Lesson Two – Unmounted:** Practical Stable Management Lesson with 1 horse

- Refresh on Lesson One
- How to un-do and adjust length of stirrups, check and tighten girth.
- How to mount and dismount
- How to give and receive a leg-up
- The correct and balanced rider's position in the walk & halt

**Lesson Three – Mounted Lesson**

- Leading assigned horse/pony up to the riding arena in single file maintaining safe distances
- Mount up in the arena, adjust girth & stirrups.
- Ride commences in single file in the walk, halt, and steering exercises.
- More focus on correct and balanced position
- Dismount at the end and lead horses back to the stable yard

**Lesson Four – Mounted Lesson**

- Refresh on Lesson Three
- Includes exercises on balance in the walk – “*rising trot*” in the walk and steering.
- Ability of the rider to stand up and down out of saddle and maintain balance.

**Lesson Five – Mounted Lesson**

- Refresh on Lesson Four
- Introduce the Rising Trot one at a time.
- The rider should now be able to sit in a balanced seat and have basic control over the horse in walk and trot.

**Lesson Six – Mounted Lesson**

- Refresh on Lesson Five
- More work done in the Rising Trot one at a time while the others remain in walk in single file.

**Lesson Seven & Eight – Mounted lesson**

- Refresh on Lesson Six
- Continue working on rising trot.

By the end of the course, the riders would have learned how to handle the quiet horse/pony, ride confidently and in a balanced seat in the walk and halt. Experience the rising trot.



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### **Release of Liability; Waiver of Claims; Assumption of Risks and Indemnity**

This form is to be signed by (i) all persons who wish to become members of the BUKIT TIMAH SADDLE CLUB ("BTSC") under any category of membership, (ii) guests of members and (iii) visiting riders participating in competitions, attending clinics or training shows and/or riding at the (premises of) the BTSC.

Horse riding is a risk sport and horses are inherently dangerous animals without proper care and attention. Your choice to ride and your presence at BTSC is voluntary. We make every effort to provide safe, suitable horses and facilities. However, all animals can be unpredictable. We therefore strongly advise that you take out full personal accident insurance to cover the risk of injury to your person or property.

I (name in full) \_\_\_\_\_ of NRIC/Passport No. \_\_\_\_\_ hereby agree as follows:

#### 1. ACKNOWLEDGMENT OF RISKS

I acknowledge and agree that (i) horse riding is a risky and dangerous sport and horses are inherently dangerous and unpredictable animals and (ii) BTSC makes every effort to have safe, suitable, and reliable horses and safe facilities but the very presence of other horses and other riders, visitors and members of the public at BTSC increases the risks and dangers. Notwithstanding these risks and dangers, I voluntarily choose to ride and/or be present at BTSC at my own risk.

#### 2. RELEASE OF LIABILITY

The BTSC and/or any employee, servant, committee member, officer, agent, representative or any other party acting on behalf of the BTSC shall not be liable for any direct or indirect loss, damage, expense or injury (including death) caused to (i) me and any family, friend or other person accompanying me ("Third Party") or (ii) any property (including any horse), as a result of my presence at BTSC to ride (including in any competition, clinic, annual show, lesson, trial or training ride and whether or not riding on a BTSC owned horse, a horse belonging to a member of BTSC, a horse brought to BTSC for the purpose of such competition, clinic, annual show, lesson, trail or training ride, or otherwise), and whether or not such loss, damage, expense or injury is caused by any horse I am riding or by some other horse or cause, including the following:

- any loss of damage to any property or injury due to and/or arising out of any cause whatsoever whilst on, entering into or leaving the premises of BTSC or using the facilities made available at BTSC (including paddocks, arenas, fences, gates, jumps (including cross country jumps), horse walker, wash bays, stables and lunging areas) ("BTSC Facilities") including loss of, damage or injury arising during the transportation of horses from and to BTSC for the purposes of participating in competitions, any annual show, clinics, lesson or trail or training rides at BTSC and other equestrian clubs in Singapore (including the loading and unloading of the horses and whether or not loaded or unloaded by any employee of BTSC);
- any death, injury or damage sustained from whatsoever cause whilst riding on, using, entering or leaving the premises of the BTSC (including the BTSC Facilities);
- any loss of and/or damage to any horse kept on or at the premises of the BTSC or admitted into the premises on a temporary basis notwithstanding that any such horse/pony may be owned by the BTSC and/or privately owned,

and further, notwithstanding that such loss of and damage to property, death or injury sustained or that has occurred by reason of any negligence, breach of contract, breach of any statutory or other duty of care and/or default on the part of the BTSC and/or any employee, servant, committee member, officer, agent, representative or any other party acting on behalf of the BTSC.

**3. WAIVER OF CLAIMS**

I hereby waive any and all claims that I have or may in the future have against the BTSC and/or any employee, servant, committee member, officer, agent, representative or any other party acting on behalf of the BTSC, arising out of my presence at BTSC and any aspect of my use of the BTSC Facilities or services and my participation in any event or activity at BTSC (including any competition, clinic, annual show, lesson, trial or training ride, or otherwise).

**4. INDEMNITY**

I hereby hold harmless and indemnify the BTSC and/or any employee, servant, committee member, officer, agent, representative or any other party acting on behalf of the BTSC from any liability (i) for any damage or personal injury to any third party, resulting from use of the BTSC Facilities and services any my participation in any event at the BTSC (including any competition, clinic, annual show, lesson, trial or training ride, or otherwise) and (ii) for any claim brought by any Third Party.

**5. EFFECTIVE AGREEMENT**

I hereby agree that this waiver and indemnity is given in consideration for the entitlement to be present at BTSC (for the purposes for which this has been signed by me) and shall be effective and binding on my heirs, next of kin, executors, administrators and representatives and that by entering into this waiver and indemnity I am not relying on any oral or written representation or statements made by the BTSC and/or any employee servant, committee member, officer, agent, representative or any other party acting on behalf of the BTSC. The terms of this waiver and indemnity shall survive the termination on my membership of BTSC (if relevant) whether by way of resignation, expulsion, transfer or otherwise.

I certify that I have read, understood and agree to the above terms and fully acknowledge that I am aware of the risks, dangers and hazards associated with the activities involving horses and I freely accept and fully assume all such risks, dangers and hazards and the possibility of personal injury, death, property damage and loss resulting therefrom:

NOTE: If the rider is under the age of 21 the form must be signed by a parent or guardian

NAME: \_\_\_\_\_ MEMBERSHIP NO.<sup>1</sup>: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

\_\_\_\_\_

CONTACT NO.: \_\_\_\_\_ (HP) \_\_\_\_\_ (H) \_\_\_\_\_ (W)

EMAIL: \_\_\_\_\_

EMERGENCY CONTACT:

NAME: \_\_\_\_\_

CONTACT NO.: \_\_\_\_\_ (HP) \_\_\_\_\_ (H) \_\_\_\_\_ (W)

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

1. Applicable to BTSC Members only.